

FOOTHILL LIONS CLUB

HILLBILLY EXPRESS



Meet @ 7PM on the 1st & 3rd Thurs of
Every Month
@ Foothill Lions Community Center
5667 Fruitland Rd
Loma Rica, Ca 95901 (530) 742-LION

Editor: Susie Trundy
February 2010

SUPER BOWL BASH — FEBRUARY 7th



CELEBRATING STARTS @ 1:00 P.M.
VITTLES WILL BE LAID OUT ABOUT 3ish
BBQ TRI TIP OR CHICKEN
POTATO & GREEN SALADS - BEANS - ROLLS
ALL FOR A DONATION OF \$5.00 A PLATE
IT'S GAMES AND LOTS OF FUN
EVEN IF YOUR FAVORITE TEAM DIDN'T MAKE IT
COME DOWN AND JOIN IN THE FUN



AND
FLAT SCREEN TV IN THE "HALL" FOR NON-SMOKERS



All You Can Eat Crab & Shrimp Dinner

Saturday, February 13, 2010

No Host Bar: 6:00 PM – Dinner 7:00 PM

\$35.00 Per Person

MENU

Appetizers, Salad, Pasta, Crab, Shrimp, Bread, & Dessert

Money Lei Raffle, Door Prize & Raffles

Always need "workers" & Raffle Prizes

Call Roberta @ 749-1135 if you can help out!!



TICKETS ARE ON SALE NOW FOR MARCH 6TH

CRAB FEED

General Meeting Minutes (January 7, 2010)

Meeting called to order by 2nd Vice President Lion Jerry Sparks at 7:03 pm, flag salute led by Lion J Mowery, song led by Lion Joni Patterson and prayer by Lion Gertie Moore. We had 31 Lion members and 6 guests present.

Dinner served, thank you to the Lioness for a wonderful meal.

Live Oak Lions announced their upcoming No Duck, Duck Dinner on January 30th.

Treasurer's Report, \$6,173.24 in Administration account and \$2,174.10 in the Community account. MSP to except the Treasurer's report. MSP to except the Secretary's report as read in the bulletin.

Lion Jerry reported on the New Years Eve Dinner and Dance. We made a profit of \$237.00. A special thank you to Lions Linda, Jean and Berl for the wonderful dinner they prepared.

Thank you to Lion Pete Contreras for fixing the corbel problem on the side of the building.

Lion Roberta Halcomb reported on our upcoming Crab feed. Tickets are on sale and going fast. We still need raffle prizes donated. 1st Vice Governor Lion Paul Halcomb reminded everyone of the upcoming Cabinet meeting on 1/16 from 10 am to 3 pm at our club.

Lion Chris Beermann reported on our upcoming Super Bowl Party on 2/7 @ 1 pm. We will be barbequing Tri-Tip and chicken served with beans, salad and rolls for \$5.00.

Lion Chris also reported on the Lazy Eye testing. We will be testing the whole school district on different days from 8:30 to 11:30 am. Sign up sheet will be at the next meeting.

Lion John Newlin reminded everyone that the Student Speaker contest is set for 2/4 @ 7 pm sharp. Will sign up timers, tellers, etc. at next meeting.

Lion Jerry read two thank you letters from the Steward and Dani families for the Christmas food and gift donations. Lion Jerry reminded everyone that Taco Night continues every other Monday beginning 1/11 from 6-7 pm for \$1.50 each.

Funeral services for Lion Freddie Mae Cotter is at 11 am on Friday, 1/8 at the Loma Rica Church followed by Peoria Cemetery and then the Lions club for a pot luck.

50/50 – 32.00, CCI - \$11.94, Tail Twister – 5.00

MSP to adjourn meeting. Meeting adjourned at 7:55 pm.

Minutes submitted by Secretary, Lion Debbie Sparks**General Meeting Minutes (January 21, 2010)**

Meeting called to order by Lion President Debbie Burlingame at 7:01 pm, flag salute led by Lion Debbie Burlingame, song led by Lion Susie Trundy and prayer by Lion Gertie Moore. We had 32 Lion members and 8 guests present.

Dinner served, thank you to the Lioness for a wonderful meal.

Treasurer's Report, \$5,486.00 in Administration account and \$268.00 in the Community account. MSP to except the Treasurer's report.

1st Vice Governor Lion Paul Halcomb reported on Cabinet meeting. Approximately 90 Lions from around the district were present. A special thank you to all the Lions who helped put this Cabinet meeting on. He also has Convention raffle tickets for sale at \$1.00 each.

The Leo sign is still on the ground and needs a bolt to hang it back up. Lion Berl Akers volunteered to fix the problem.

Lion Chris Beermann reported on our upcoming Super Bowl Party on 2/7 @ 1 pm. She is looking into a big screen TV to put in the main hall for non-smokers.

Lion Chris also reported on the Lazy Eye testing. We will be testing at the foothill schools on 2/8 from 8:30 to 11:30 am.

Lion Roberta Halcomb reported on our upcoming Crab feed. She ordered the crab and shrimp and reminded everyone that we need raffle prizes. Lion Debbie Sparks announced that we need birthday dinner cooks for March, April, June, July, August and October, 2010.

(Minutes Continued on next page)

Lion Debbie also announced our upcoming Flag Day scheduled for 2/19. The Beale AFB Honor Guards will be there to help educate the students. Meet @ club 10 am, Browns Valley School 10:30 am, lunch at Pizza Round Up and 1:00 pm at Loma Rica School.

Lion John Newlin reminded everyone that the Student Speaker contest is set for 2/4 @ 7 pm sharp. He has two students, three judges and Lion volunteers to be tellers and timers.

A Lions International Award was presented to Lion June Brown for bringing in two new members.

Lion Susie Trundy announced we collected \$131.00 for Freddie Mae Cotter's Magnolia tree and plaque.

Lion Debbie Burlingame reminded everyone that Taco Night is every other Monday and the funds are going toward next years Holiday food and toy donations.

Tail Twister Lion Berl fined everyone who didn't have an updated membership dues card.

50/50 - \$63.50, CCI - \$18.12, Tail Twister - \$17.50

MSP to adjourn meeting. Meeting adjourned at 8:10 pm.

Minutes submitted by Secretary, Lion Debbie Sparks



Board Meeting Minutes (January 27, 2010)

Meeting called to order by Lion President Debbie Burlingame @ 6:05 pm. Ten board members present. Treasurer's report read. Administrative account \$5,952.93 and community account \$1,318.23. MSP to accept treasurer's report.

Marysville High School would like to have a Tri-tip dinner fundraiser for their Drug & Alcohol Free Grad Night at our facility. MSP for free hall rental with a \$300.00 refundable cleaning deposit. Lion Debbie Sparks gave a year end hall rental report. MSP to give the non-profit Grange free rental once a month.

Lion Debbie Sparks reported that the Color Guards are helping us on Flag Day. MSP to pay for Color Guards lunch at Pizza Round Up.

Discussion on advertising in the District Directory for 2010-2011. MSP to purchase a full page ad for \$90.00. Lion Jean Akers to design the advisement. The board reviewed the applications for membership on Kim Hall sponsored by Lion Debi Sherry and Sean Brown sponsored by Lion Sean Beermann. MSP to except Kim and Sean into our club.

Lioness have problem with kitchen and hall clean up. Lions Paul Halcomb and Debbie Burlingame will attend the next Lioness meeting to discuss the problems. Our Marquee sign fell down during the last big storm. Lions Berl Akers & Jeff Trundy will fix it when the rain stops and it's not so muddy.

Lion Susie Trundy reported that we need to control our eye exams and glasses better. The board decided the patient needs a written referral from our club before visiting Dr. Bradley. Lion Susie to make referral form. Lion Gertie Moore will put together a committee for building maintenance.

Lion J Mowery says the Lioness membership is low, asking Lions to help them get members.

Lion Debbie Burlingame suggested we mail a care package with donated items from Lion members to our Military Lions that are deployed and have our club pay the postage.

MSP to adjourn meeting. Meeting adjourned @ 7:31 pm.

Minutes submitted by Lion Secretary Debbie Sparks

BIG "THANK YOU" LION BERL FOR FIXING THE LEO SIGN UPON ENTERING LOMA RICA, WE KNEW WE COULD COUNT ON YOU.....

LIONS FLAG DAY

The Foothill Lions Flag Day Program promotes patriotism and respect for the American flag in the elementary schools of our community through the personal involvement of Lions club members and the Beale AFB Honor Guards. American flags and brochures explaining the American flag are presented to the students. Lions wearing their vest meet at the club on Friday, February 19, 2010 @ 10:00 AM. Browns Valley School Program - 10:30 AM - Lunch @ Pizza Round Up - Loma Rica School Program - 1:00 PM - If you have any questions please feel free to call me.

Lion Debbie Sparks

A HAPPY NEW YEAR

What a **FANTASTIC DINNER**, Lions Linda and Jean Marie outdid themselves this year, plates coming back to the kitchen were wiped (or licked) clean. Oh yhea, that was **Lion Berl** at the BBQ, **GREAT** job, the meat and sauce were to die for. Our “party” turn-out wasn’t as good as we’d expected or hoped for, but the dancers we had and the band were very lively! Black eyed peas were delicious! Party favors and “good” champagne topped it all off. Heard that after clean-up next morning **Lion Chris** laid out a “wonderful” breakfast, maybe that should be on the agenda for next year? Huh Chris???



MEET YOUR FELLOW LION: LION DEBBIE BURLINGAME



I was born in Placerville, CA and raised on a large cattle ranch. At the age of six, I began competing in local rodeos and gymkhanas as a member of the Ponderosa Equestrians. I competed in team roping events, barrel racing and cattle penning for over 10 years. I attended Ponderosa High School in Shingle Springs, Ca, and then on to Consumes River College in the evenings after high school days were completed. Met Michael in 1991 and we were married in 1993, just recently celebrating our 16th anniversary. Ask about our wedding day sometime, you better have a beer for this story. I have two children, daughter Chandra recently graduated from UC Davis and is currently enrolled in a nursing program and works part time for the air force. Chandra recently married a wonderful man, Michael, (Another Michael in the family), who is the son of Lions Berl & Jean Marie. My son, Trever, attends Marysville High School, and is a very talented guitar player; he is interested in attending a culinary institute upon graduation. Trever is also our first Foothill Alpha Leo President.

I began my Federal Career in 1989 with the Sacramento Army Depot and have continued to work for the Department of Defense for 21 years. Currently assigned to the 9th Force Support Squadron at Beale AFB. My federal career history has earned me the affectionate nickname of the "Black Widow" from my Beale AFB counterparts. I came to Beale after being displaced from three DoD installations due to military base closures.

We moved to Browns Valley in 2001 where I rekindled my equestrian interests and competed in local team roping events while volunteering with the Sheriff's Posse. I met Lions Jeff & Susie Trundy and immediately joined the Foothill Lions Club in 2004, without reservation. I enjoy the diversity of the membership, the events, and right away, took on the challenge of putting together a new club event to aid the disaster

victims of hurricane Katrina. The Foothill Blues has transformed into an annual disaster relief event, raising over \$22,000 in three years.



I love all kinds of music, like to drink Corona, eat dark chocolate, sing Karaoke, watch NASCAR (RIP Dale Sr.) & Football (Go Raiders), my favorite movie is "Where the Red Fern Grows". After discovering I was allergic to wine at a previous Lions convention, it inspired the acclaimed "Shut Up Your Drunk" column in Jean Marie's bulletin. I value my family and friends and also enjoy cooking, gardening, and playing penny machines at the casino!



WELCOME BACK LION JEFF

After 22 years of trying he finally got a job at Beale so he can get "off the road"!!! That's why **Lion Susie** has had a grin from ear to ear lately, heard she has a "Lion's Honey-Do List" already started for you. 😊
Good luck on your new job.....

THIS MONTH'S CATCH ALL PAGE

FOR LION JERRY KOHLER: Little Johnny was asked by his teacher to spell “straight”, he did so without error. Now asked his teacher “what does it mean”, “Bourbon without water in it”.....

Life is Short

They say it takes a minute
To find a special person,
An hour to appreciate them,
A day to love them, but
An entire life to forget them.

FOR LIONS LINDA & JEAN MARIE: Butter vs. Margarine??? I trust cows over scientists...

The winter season can be quite depressing for most of us. It's pretty much a given that as the weather gets colder and the days get shorter many of us struggle to stay active and remain in a positive state of mind. I guess it is safe to say we get lazy and go into hibernation until spring comes again. There is still hope that you can shed these extra winter pounds off for summer.

Walking is one of the most cost-effective ways to get exercise. The best part is that it does not require any training and the only equipment needed is a good pair of walking shoes, although in the winter you'll also need to bundle up with a warm jacket and maybe a hat, scarf and some gloves. But don't let cold weather or shorter days stop you from this great aerobic activity. Many walkers say they feel better, sleep better and have a better outlook overall after they start taking walks.

MEATLOAF TIP:

When using bread as a filler in meatloaf, moisten the bread and whip it together with the egg, liquid, and other ingredients. The result is a more uniform texture. When making meatloaf instead of using breadcrumbs or oatmeal (like mom does), use stuffing mix it gives it great flavor and is just the right filler.

Save Energy to Save Money.

...Set your thermostat a few degrees lower in the winter and a few degrees higher in the summer to save on heating and cooling costs.

...Install compact fluorescent light bulbs (CFLs) when your older incandescent bulbs burn out.

...Unplug appliances when you're not using them. Or, use a "smart" power strip that senses when appliances are off and cuts "phantom" or "vampire" energy use.

...Wash clothes in cold water whenever possible. As much as 85 percent of the energy used to machine-wash clothes goes to heating the water.

...Use a drying rack or clothesline to save the energy otherwise used during machine drying.

I think we're all animal lovers up here in the hills and had to share this “dog” story with you all. **Brutus** is a military **K9**. He's huge, part Boxer and part British Bull Mastiff and tops the scales at 200 lbs. **Brutus won the Congressional Medal of Honor** last year from his tour in Iraq. His handler and four other soldiers were taken hostage by insurgents. Brutus and his handler communicate by sign language and he gave Brutus the signal that meant “go away, but come back and find me”. The Iraqis paid no attention to Brutus. He came back later and quietly tore the throat out of one guard at one door and another guard at another door. He then jumped against one of the doors repeatedly (the guys were being held in an old warehouse) until it opened. He went in and untied his handler and they all escaped. He's the first K9 to receive this honor. If he knows you're ok, he's a big old lug and wants to sit in your lap and enjoys the company of cats. Take a moment today to thank God for your pets, enjoy and take good care of them. Life would be a much duller, less joyful experience without God's critters.

February Birthdays

Guess there wasn't much going on in June ☺

Kitt Carsten

Toby Housley

Carlos QuiHuis

David Zabala



Birthday dinner is Sat, Feb 27th—4:00 PM by Lions Sheri & Susie !!

Chili Verde, beans, & rice.....
Bring your "tums"

NEWS FROM THE PREZ:



Happy Halloween, Happy Thanksgiving, Merry Christmas, Happy New Year, and wow almost Happy St. Patrick's Day fellow Lions. That means our time is flying by..... I can't believe it. The major holidays are behind us, and we continue to fill up the calendar. A questions was recently asked why we think so far in advance for upcoming events... well we need to always be thinking in advance to schedule entertainment, to provide good advertising, schedule volunteers, ordering of supplies, etc. etc. When we wait too long, we miss the opportunity to really gather our thoughts and new ideas and bring them to fruition!! And of course thinking ahead may pay off when it comes to paying the bill!! I also want to share a recent phone call from Greensburg I received. The hospital will be open at the end of January. There will be a big celebration/dedication to include several Lions Past International Directors and a hopeful current International Director in attendance. Steve Dawson (Greensburg Lion) called to let us know that our club along with theirs will be recognized not only in the dedication, but in the Lions magazine as well. Lions magazine will be doing a story on Greensburg and the help they received from Lions everywhere. And we will have a plaque in the hospital recognizing our \$11,300 donation that was used towards the helipad on top the hospital. Steve has continued to keep us apprised of their progress, go to "greensburggreentown.org" and there are a couple of pictures of some of the building that are in process or already completed. It was a gift that keeps giving... But we also need to remember not to overwork ourselves, and to take care of each other in the meantime. I'm proud to serve with you...

Lion Burlingame

SUNSHINE REPORT



LION DIANA WHEELER is your **Sunshine Reporter**—Please get all your input to her - **741-1502**

I sadly report that one of our Loyal and Loved **Lions/Past Lioness** has passed on. **Lion Freddie Mae Cotter**, she will be dearly missed and not forgotten.

Thank you God for having your arm around **Lion Roberta** when she and her truck flipped a couple times off Loma Rica Rd and she only had a slight bruise or two, better than I can say for the truck.

We haven't seen **Lions Dave and Sally Zabala** for quite some time because **Lion Dave** has been very ill, please let him know you're thinking of him and to get better soon.

Please convey your heart filled condolences to **Lions Joni and Dave**, their mother passed on 1/22, she was also a "mom" to many of us.

Lion Roger recently underwent emergency surgery, now back in ICU for breathing and heart problems, please send the Johnson's your "best wishes" for a full and speedy recovery.

HELP - HELP PLEASE be considering if you would like to "chair" Wild Hog Glory Daze this year????? Lion Dave has to step down from his duties and we're looking for a new leader. You would have lots of individual "committee chairs" and lots of help, you wouldn't be thrown out to the wolves, there is a book of guidance and everything.... Please let Prez Lion Debbie know if you'd be interested and she'll go over things with you, thanks.....

Today's Message of the Day is:

"Whenever God Closes One Door He Always Opens Another,
Even Though Sometimes It's Hell in the Hallway"



Our 50-50 winner at our 1st meeting in January was a guest Lion from the Live Oak Lions Club and he took the money and ran :-). Didn't stick around for his picture to be taken.....

FROM THE EDITOR:



You know, life is full of imperfect things.....and imperfect people. I'm not the best at hardly anything, but accepting each others faults and choosing to respect each others differences is one of the most important keys to creating a healthy, growing, and lasting relationship. Learn to take the good, the bad, and the ugly!

Yhea, got some new blood.....**Lion Debbie** was our "big" winner of \$63.50 at the Jan 21st meeting, Congrats Deb, know it will come in handy.....



My Six-Word Advice for the Month is:

Attitude is a choice, made daily.

By: Sue Raye

Zone Level Student Speaker Contest:

Tuesday, February 23, 2010 @ 6:00 PM
Yuba Feather Lions Club, Agnes Deen Community Center, Rices Crossing Road @ Rices Texas Hill Road, Oregon House

Contact: Zone Chairman Shirley Storey 692-1730

Send all letters, questions, or thoughts to strundy@syix.com, PO Box 8147, Marysville, or call 742-3041

Cut-Off for Bulletin publications is by the 25th of the Month

LION SUSIE TRUNDY, Editor

Recent **4C-1 Cabinet Meeting** was hosted by the **Foothill Lions Club**. There were over 80 attending Lions from the district's Clubs. Lots of good information and best of all was the lunch provided by the Foothill



"gals"—people couldn't comment enough on what a good job **Lions Roberta, Susie, Debi LaPorte, Debbie Sparks,** and soon-to-be

Lion Kim Hall did in preparing and serving lunch. Door monitor, **Lion Jerry Sparks** collected money and sold scarves made by **Lion Joni, Lions J and John Downs** were also there to help out. **Lion Hank** didn't get many takers, but was on hand for a "toddy" or two.



THIS MONTH'S BABY PICS



With a hint or two we were finally able to get a winner for last month's "boy baby" (it was Lion J), but the "dirty" little girl went un-identified. That doesn't mean we still don't LOVE her (it was Lion Janet).

Talk about "dirty", who might this little rug-rat be??? And dimples on the left :-)...



LAUGH LINE—My living will

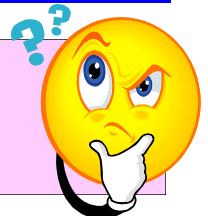
Last night, my kids and I were sitting on the deck and I said to them, 'I never want to live in a vegetative state, dependent on some machine and fluids from a bottle. If that ever happens, just pull the plug.' They got up unplugged my computer, and threw out my wine.



February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Scrapbook Mtg 6 PM Mike F	2 Lioness Mtg 7 PM Pete/Carlos	3  Marilyn	4 Lions Gen Mtg & Student Speaker 7 PM Jeff/Susie	5 Mike/Linda	6
7 <i>SUPER BOWL - 1:00 PM</i>	8 <u>Taco Nite</u> 6-7 PM Korin	9 Leo's Mtg 4:30 PM Jean-Marie	10 Toby	11 Chris	12 Set-Up & Prep for Crab Feed 12 PM Hank	13 <i>LIONS CRAB FEED 6:00 PM</i>
14 <i>Valentine's Day</i>	15 Scrapbook Mtg 6 PM <i>President's Day</i> Mike F	16 Lioness Mtg 7 PM Pete/Carlos	17  Marilyn	18 Lions Gen Mtg 7 PM Jeff/Susie	19 Lion's Flag Day 10 AM Mike/Linda	20
21 Lioness Breakfast 8-10:30 AM	22 <u>Taco Nite</u> Korin	23 Zone Student Speaker-Yuba Feather Jean-Marie	24 Toby	25 Lions Board Mtg 6:00 PM Chris	26 Hank	27 Birthday Dinner—4 PM Chili Verde by Lion Sheri
28						

WORDS OF WISDOM: The only place in the universe where a flag flies all day, never goes up or comes down, never flies half-mast and does not get saluted, is the moon.
Did you know that/or did you care ????????????





**Chartered 1983
26 Years of Service**

President
Debbie Burlingame
11332 Gettys Ct
Browns Valley, Ca
530 749-2001

Secretary
Debbie Sparks
11549 Judy St
Marysville, Ca
530 743-9311

Treasurer
Susie Trundy
11378 Smith Rd
Loma Rica, Ca
530 742-3041

1st Vice President
Roberta Halcomb

2nd Vice President
Jerry Sparks

3rd Vice President
Sheri Vess

Tail Twister
Berl Akers

Lion Tamer
Jean Marie Akers

Membership Chair
Janet Mincer

1 Year Directors
Bettie Johnson
Joni Patterson

2 Year Directors
Dave Zabala
Sherry Burshik

Immed Past Pres
Gary Gildersleeve

Spirit Enhancer
Hank Juska

Club Manager
Gertie Moore

District Governor
Becki Stange

1st Vice DG
Paul Halcomb

2nd Vice DG
Lee Hollowell

Region Chairman
Roberta Halcomb

Zone Chairman
Shirley Storey

**WELCOME NEW LIONS
2009/2010**

**Pete Contreras
Carlos QuiHuis
Cindi Fitzgerald**

**Need some new blood,
let's recruit**



**Welcome back Lion
Gayle Diamond**

UPCOMING DATES TO REMEMBER

Feb 4th—Student Speaker Contest @ 7:00 pm
Feb 5th-7th—MD4 Convention @ Riverside
Feb 7th—Super Bowl Party @ 1:00 pm
Feb 8th—Lazy Eye Testing @ local Schools
Feb 13th—Crab Feed @ 6:00 pm
Feb 19th—Flag Day at local Elementary Schools
Feb 23rd—Zone Student Speaker @ Yuba Feather
Feb 27th—Birthday Dinner @ 4:00 pm

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TO :

Hillbilly Express
If undeliverable please return to:
Foothill Lions Club
5667 Fruitland Rd.
Marysville, CA 95901